

Alzheimer's and Dementia Caregiver Center

alz.org/care



The resources, tools and support
you need — online, all of the time.

alzheimer's  association®

Alzheimer's and dementia care help and support

Caring for a person with Alzheimer's often involves a team of people. Whether you help provide the daily care (e.g., assisting with meals and bathing), participate in the decision making (e.g., making care arrangements and legal and financial plans) or you simply care about a person with the disease — there's much to do and plenty to know. But it doesn't have to be a lot of work to find the resources and support you need. The **Alzheimer's Association Alzheimer's and Dementia Caregiver Center** — alz.org/care — can help.

Get reliable information on:

- Early-, middle- and late-stage caregiving.
- Behaviors.
- Daily care.
- Caregiving skills and training.
- Respite care.
- Care facilities.
- Costs that may be faced.
- Legal documents.
- Safety.

The screenshot shows the Alzheimer's and Dementia Caregiver Center website. At the top, the title "Alzheimer's and Dementia Caregiver Center" is displayed on the left, and the "24/7 Helpline: 1.800.272.3900" is on the right. Below the title is a navigation menu with links: "Caregiver Home", "Daily Care", "Stages & Behaviors", "Get Support", "Safety", "Care Options", and "Financial & Legal Planning". The main content area features a large image of a smiling couple. To the left of the image is the text: "Caregivers for Alzheimer's and Dementia Face Special Challenges. You are not alone. Whether you need information about early-stage caregiving, middle-stage caregiving, or late-stage caregiving, the Alzheimer's Association is here to help." To the right of the image is a section titled "What to Expect" with the text: "Get resources to help at each stage of the disease." and a "Learn more" link. Below the image are three columns of content: "Get day-to-day help" with links to Behaviors, Communication, Activities, Respite care, and Memory loss; "Get support" with links to Your local chapter, Message boards, Support groups, Your health, and Care training; and "Plan for the future" with links to Legal matters, Care options, Paying for care, Safety, and Dementia & driving.



Access Alzheimer's Association tools, including:

ALZConnected™

A social networking community where people with Alzheimer's and related dementias, caregivers and others affected by the disease can share questions, experiences and practical tips via message boards or create private groups organized around specific topics.

Alzheimer's Navigator™

An online assessment program for people with dementia, and all those who participate in providing care and in making care-related decisions. This program helps evaluate needs, execute and coordinate action steps, and link to Alzheimer's Association chapter programs, local services and referrals.

Community Resource Finder

A comprehensive database of local programs and services, housing and care options, and legal experts all in one location, allowing users to quickly search, find and access support.

Care Team Calendar

A free, personalized online tool, powered by Lotsa Helping Hands, that makes it easy to organize family and friends who want to help with caregiving and share activities and information among the care team.

[alz.org/care](https://www.alz.org/care)



alz.org/care

The Alzheimer's and Dementia Caregiver Center provides more than 70 pages of information and easy access to resources, such as:

- Alzheimer's Navigator™ — create customized action plans.
- Community Resource Finder — find local resources.
- ALZConnected™ — connect with others who care for a person with dementia.
- Care Team Calendar — coordinate caregiving responsibilities among family and friends.
- Safety Center — access information and resources for safety inside and outside of the home, wandering and getting lost, and dementia and driving.



800.272.3900

24/7 Helpline — available all day, every day.

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The Alzheimer's Association is the world's leading voluntary health organization in Alzheimer's care, support and research. Our mission is to eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health.

Our vision is a world without Alzheimer's®.

800.272.3900 | alz.org

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